

Healthy Banana Oat Flour Cookies

Preheat oven to 350°F (175°C) | Makes 10 to 12 cookies

2	ripe bananas	mash	combine wet + dry	rest 5-10 min.		scoop + flatten	bake 350°F 10-13 min. cool 5 min.
1	large egg	mix wet					
2 Tbsp	melted butter or coconut oil						
1 tsp	vanilla extract						
2-3 Tbsp	maple syrup or honey (optional)						
1 1/2 cups	oat flour	whisk dry					
1/4 cup	rolled oats (optional)						
2 Tbsp	ground chia seeds or chia flour						
1 tsp	cinnamon						
1 tsp	baking powder						
Pinch	salt						
1/4 cup	chocolate chips or another mix-in (optional)				fold in		

Line the pan with parchment. Bake until the tops are set and the edges are lightly golden.